

Name	Verein	Jahrgang	Distanz	1. Runde	2.Runde	Endzeit
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1	Trust	Günter	1963	18.5 km	00:27:19		
2	Ernst, Claudius	-	1973	18.5 km	00:31:02		
3	Stahlmecke, Leo	Triminators	2005	18.5 km	00:34:53		

1	Millow, Daniel	Team Mettmann	1976	37 km	00:22:00	00:22:14	<b>00:44:14</b>
2	Quitow, Bernd	Team car-special.de	1966	37 km	00:22:39	00:22:33	<b>00:45:12</b>
3	Graben, Michael	Team Schäfer Shop - RSC Betzdorf	1966	37 km	00:22:44	00:22:48	<b>00:45:32</b>
4	Lingnau, Frank	Team ME Mettmann	1975	37 km	00:23:01	00:23:09	<b>00:46:10</b>
5	Moertter, Klaus	Triathlon Xanten	1968	37 km	00:23:41	00:23:53	<b>00:47:34</b>
6	Kraeft, Marcus	-	1971	37 km	00:23:27	00:24:17	<b>00:47:44</b>
7	Franze, Daniel	Hamminkelner SV	1977	37 km	00:24:30	00:24:55	<b>00:49:25</b>
8	März, Sebastian	-	1979	37 km	00:24:42	00:25:05	<b>00:49:47</b>
9	Gosebrink, Jens	Triminators TV Voerde	1985	37 km	00:25:00	00:24:51	<b>00:49:51</b>
10	Schürmann, Ingo		1985	37 km	00:25:05	00:25:02	<b>00:50:07</b>
11	Hunnenbart, Hubertus	Triminators TV Voerde	1969	37 km	00:25:22	00:24:54	<b>00:50:16</b>
12	Adamski, Andreas	SV Gladbeck 13	1974	37 km	00:25:24	00:25:20	<b>00:50:44</b>
13	Behnsch, Michael	Triminators TV Voerde	1960	37 km	00:24:55	00:25:50	<b>00:50:45</b>
14	Wiegand, Jirko	-	1968	37 km	00:25:22	00:25:24	<b>00:50:46</b>
15	Peplau, Ingo	Triminators TV Voerde	1975	37 km	00:25:13	00:25:35	<b>00:50:48</b>
16	Nowak, Robert	Triathlon Xanten	1981	37 km	00:25:33	00:25:36	<b>00:51:09</b>
17	Zenker, Stefan	Weseler TV Triathlon	1969	37 km	00:26:02	00:25:44	<b>00:51:46</b>
18	Faßbender, Michael	Triminators TV Voerde	1964	37 km	00:25:45	00:26:10	<b>00:51:55</b>
19	Nowak, Manfred	-	1949	37 km	00:26:21	00:25:45	<b>00:52:06</b>
20	von Gerkan, Oliver	Triminators TV Voerde	1967	37 km	00:26:03	00:26:30	<b>00:52:33</b>
21	Pitscha, Tobias	TiTo-Sporting	1976	37 km	00:26:30	00:26:28	<b>00:52:58</b>
22	Wüster, Jannik	Team Wüster Radladen	1998	37 km	00:26:16	00:26:42	<b>00:52:58</b>
23	Piechocki, Jonas	Bikebahnhof Racing Köln	2000	37 km	00:25:53	00:27:07	<b>00:53:00</b>
24	Lindemann, Marius	SV Gladbeck 13	1990	37 km	00:26:43	00:26:18	<b>00:53:01</b>
25	Förster, Dirk		1970	37 km	00:26:36	00:26:53	<b>00:53:29</b>
26	Kahlert, Sebastian	-	1978	37 km	00:27:27	00:27:45	<b>00:55:12</b>
27	Piechocki, Michael	Bikebahnhof Racing Köln	1973	37 km	00:27:40	00:27:42	<b>00:55:22</b>

	<b>Name</b>	<b>Verein</b>	<b>Jahrgang</b>	<b>Distanz</b>	<b>1. Runde</b>	<b>2.Runde</b>	<b>Endzeit</b>
28	Gosebrink , Clara	Triminators TV Voerde	1986	37 km	00:28:04	00:27:50	<b>00:55:54</b>
29	Dominiak, Karo	Triminators TV Voerde	1976	37 km	00:28:09	00:27:51	<b>00:56:00</b>
30	Rudolph, Heiner	Triminators TV-Voerde	1960	37 km	00:28:03	00:28:05	<b>00:56:08</b>
31	Stahlmecke, Thomas	Triminators TV-Voerde	1968	37 km	00:28:20	00:27:56	<b>00:56:16</b>
32	Dincklage, Melanie	Triminators TV Voerde	1972	37 km	00:28:25	00:28:53	<b>00:57:18</b>
33	Laurenz, Robert	Triminators TV Voerde	1967	37 km	00:28:00	00:29:18	<b>00:57:18</b>
34	Möller, Stefan	Triminators TV Voerde	1961	37 km	00:28:54	00:28:52	<b>00:57:46</b>
35	Meters, Norbert	Triminators TV Voerde	1954	37 km	00:29:24	00:29:49	<b>00:59:13</b>
36	Poite, Vivien	Triminators TV Voerde	1982	37 km	00:32:14	00:27:54	<b>01:00:08</b>
37	Horrig, Volker	Triminators TV Voerde	1959	37 km	00:30:21	00:30:12	<b>01:00:33</b>
38	Grundt, Dirk	Triminators TV Voerde	1969	37 km	00:30:24	00:30:29	<b>01:00:53</b>
39	Wien, Thomas		1965	37 km	00:30:39	00:31:17	<b>01:01:56</b>
40	Lefort, Lothar	Triminators TV Voerde	1958	37 km	00:30:46	00:31:46	<b>01:02:32</b>